

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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Awarded Again

Vallance C.S.A. has been awarded the **Silver Level** London Youth Quality Mark, a quality assurance scheme and a programme accredited by City and Guilds'. This has been achieved just 2 months after we were awarded the Bronze level. We are now working towards achieving the Gold Level.



New Sponsors

Vallance coaching staff and players show off the new coaching tops and football kit that was given to them by a new sponsor '**Cobra Garage**'. They are a local business which provides Claims management, Personal Injury, Accident repair, Courtesy Vehicles. They are Insurance approved and have Secure Storage and 24/7 Recovery.



For details: Tel- 0207 042 0445 / 0753 873 7723
Email- info@cobragarage.co.uk

The kit and tracksuit is for the new Vallance FC U10 team who are competing in the *East London & Essex Junior Football League*. The U10 manager Shuhed Miah said "it's because of generous local businesses like this we are able to provide a top class service. The kits and tracksuits are great and the kids are proud to wear them, also all the Vallance coaches look good in the new coaches tops".



CHARTER STANDARD
DEVELOPMENT CLUB



This issue

- Awarded Again 1
- New Sponsors 2
- Players of the Month 2
- JPF achievement award 3
- FA Youth Module 1 3
- Awards Night 3
- Holiday Activities 3
- Results 3
- Funders & Sponsors 4

 <https://twitter.com/vallancefc>



Vallance FC – Player profile



Name: Tajimul Ali Shakil
Age: 13
Favourite football team: Liverpool FC
Favourite player: Daniel Sturridge
Favourite subject at school: Maths

1. What team do you play for? Vallance FC U13
2. What position do you play? Striker
3. Do you like training with vallance? Yes
4. What do you want to do after school? Become a Mechanic

Players of the Month

October 2014



Under 7
Adam Zouita



Under 8
Zayn Ahmed



Under 9
Josh Boucher



Under 10
Nayeem Haque



Under 11
Zain Aziz



Under 14
Sadik Munna

Jack Petchey Foundation Achievement Award

Zain Aziz has been awarded the **Jack Petchey Foundation Achievement Award** for October 2014 because of his hard work and commitment in training.



FA Youth Module 1

During the week of October 20th-24th, Vallance FC had 3 members of staff attend the FA Youth Module 1 Award in Coaching Football course. Project manager Junel Uddin, U11 manager Iqbal Hussain and recently qualified FA Level 2 coach Salman Khan completed the course at the Douglas Eyre sports centre in Walthamstow. This course was tutored by Ian Hart who is also the Youth Development manager at Southend United FC. (Pictured right)



Awards Night

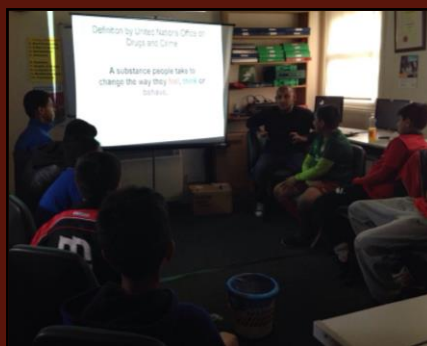
On Monday 20th October Vallance FC senior team, U16, U12 and U10 went to the 18th Annual BFA (Bangladesh Football Association) UK Awards evening which was held at the Troxy Banqueting suite in Stepney. All the players from those sides received their winners and runners up medals for taking part in various BFA Leagues during 2013-14.



Well Done Boys!!!

Holiday Activities

During the October 2014 half term holiday Vallance held a week of activities for 8-19 year old boys. There was football coaching at Weavers Field and Mile End. Also there was a Drugs Awareness workshop for the 12-16 year olds (pictured right). All that took part went to the Cinema and Bowling. This project is funded by the Tower Hamlets PAYP (Positive Activities for Young People).



Results

SUNDAY 12th October 2014

East London Sunday Football League Jubilee Cup Group F:

Vallance FC- 0 vs Dalston - 7

East London & Essex Junior Football:

Vallance U13- 1 vs Rap Aid- 0

Vallance U10- 5 vs East London Colts- 1

SUNDAY 26th October 2014

East London Sunday Football League Division 1:

Vallance FC- 2 vs Elvalante- 1

East London & Essex Junior Football:

Vallance U13- 3 vs Asianos- 0

Vallance U11- 4 vs Cowley U11- 0

Vallance U10- 0 vs Redbridge- 3

SUNDAY 19th October 2014

East London Sunday Football League Division 1:

Vallance FC- 1 vs AC Nightingale- 1

East London & Essex Junior Football:

Vallance U13- 3 vs White Star- 0

Vallance U10- 2 vs Globe- 5

Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin:
info@vallancecsa.co.uk



Vallance CSA Funders & Sponsors



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.