

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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Unlucky U12s finish Runners up twice

On Saturday 25th July Vallance U12 took part in the **THYL U12 knock out cup**. The team returned from 4 weeks off for Ramadan and they had no training during that time. The first game was a Bye because Acorn failed to turn up. In the semi-final Vallance U12 beat Newark U12. In the final they played SOUL U12 and eventually lost 2-0. The U12 also finished runners up in the THYL U12 Summer league. They are now training to get ready for the Winter THYL which starts in late September 2015.

Summer activities 2015

It was a busy summer of activities at Vallance which started on Monday 27th July 2015 and completed on Friday 28th August 2015.

- In total there were 4 projects running for 5 weeks;
- Positive Activities for Young People, Boys programme,
 - Positive Activities for Young People, Girls programme,
 - Tower Hamlets Sports Development summer football,
 - One Housing Group summer programme.

Over the 5 weeks there was a total of 250 young boys & girls aged 5-25 that took part in Sports coaching, Workshops and excursions.



Runners up this time

At the annual **Tower Hamlets Community Cup** in Mile End, Vallance FC for the first time in the competitions 10 year history did not have a winner in the five age categories. The 5 a side tournament which was on Saturday 2nd August 2015 was hosted by the Osmani Trust and attracted over 80 teams in all the age groups. Vallance U8 A, U10 A and U14 made it all the way to the finals and lost. The U10 team lost on penalties. The U12 team made it to the semi-final and the U9 team lost in the group stages.



CHARTER STANDARD
DEVELOPMENT CLUB



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 <https://twitter.com/vallancefc>



LONDON YOUTH
QUALITY MARK

Silver Accredited Status

Vallance FC – Player profile



Name: Josh Boucher
Age: U10
Favourite football team: Arsenal FC
Favourite player: Alexis Sanchez
Favourite subject at school: ICT

1. What team do you play for? Vallance FC U10
2. What position do you play? Goalkeeper
3. Do you like training with vallance? Yes
4. What do you want to do after school? Become a Footballer or Banker

Players of the Month

July/August 2015



Under 7
Ibraheem MD Islam



Under 9
Ishan Bhuyain



Under 10
Farhad Islam



Under 11
Ikraam Hussain



Under 12
Yameen Abdur
Rahman



Under 16
Zaheer Aslam

Jack Petchey Foundation Achievement Award

Ikraam Hussain has been awarded the **Jack Petchey Foundation Achievement Award** for August 2015 because of his hard work and determination in training.

**JackPetchey
Foundation**
Inspire • Motivate • Achieve

Juniors triumph

Vallance FC U8 and U10 got a bit of revenge from losing out in the finals of the THCC by winning their respected age group Cups in the **Tower Hamlets Youth League**. The 5 a side games were on Saturday 8th August at Mile End. Both Vallance U8 and U10 won all three group games and won their finals with ease to erase the bad memories of losing out a week earlier in the THCC.



Seniors end on a high

The Vallance FC senior football team ended the **BFA Summer 2015 Division 2** as the runners up. They have been promoted to the 1st Division for summer 2016 behind Aberfeldy FC who was champions. The two teams also contested the 3rd Division last summer with Vallance again runners up. The game between the two teams on Sunday 16th August 2015 was the decider. Vallance FC just needed a draw to be champions and Aberfeldy needed to win. It was a close game which was decided with 3 minutes to go and Aberfeldy scored from a corner to break the hearts of the Vallance FC players.

Manager Junel Uddin said *"What a way to finish the summer of football. We were in control of the division but it came down to a set piece in the last 3 minutes to decide we finish 2nd. The Aberfeldy team won the league by 1 point and we know they are a good side. I have nothing but praise for my players and know we will be stronger. It is a few weeks off for them now and we are back to training in September to prepare for the East London Sunday Football League"*.



U14 so close

Vallance FC U14 has finished the **Tower Hamlets Summer Youth League (THYL)** as the runners up behind a very good team. The winners were SOUL FC U14 and they also beat Vallance FC U14 in the semi-final of the Cup competition. The team will now prepare for the winter THYL.



Results

SUNDAY 26th JULY 2015

BFA Summer League 2nd Division:

Vallance FC – 5 vs IFE TowerHamlets - 0

SUNDAY 2nd August 2015

BFA Summer League 2nd Division:

Vallance FC – 14 vs East One B - 0

SUNDAY 23rd August 2015

BFA Summer League 2nd Division:

Vallance FC- 2 vs Stepney B- 0

**Vallance CSA
management & staff will
like wish everyone Eid
Mubarak**

Volunteers Wanted

**Are you aged
16-25 and not in
education or
working?**

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

**For details and to
book a place
please contact
Junel Uddin:
info@vallancecsa.co.uk**



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Vallance CSA

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Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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