

Vallance Community Sports Association

NEWSLETTER by Mohamad Kibria Designed by Shamim Miah

VOLUME 8 – ISSUE 3 – 1st July 2014

Success at the Home of WHU

On Sunday 1st June 2014 Vallance U10 and U12 took part in the first **East London Asian Football Festival**.

The group games for the 6 a side tournament took place at the West Ham United (WHU) training facilities in Beckton. Both Vallance U10 and U12 won their groups and finished top and both won their semi-finals to make it to the Finals in the afternoon at Upton Park.

In the Final Vallance U12 played Leytonstone FC U12 and won 4-3. Vallance U10 played London Tigers U10 and beat them 9-1. Vallance Football Development officer Md Iqbal said "What a great achievement to have both our teams not only make it to the Finals but both won and all the players got a once in a lifetime chance to play at the pitch where Premier League players play on. We are very grateful to WHU and the Canary Wharf Group for inviting us. Also it was nice to play for the Vets team alongside Vallance Project manager Junel Uddin".



CHARTER STANDARD CLUB



Disability Programme ends with Sports Day

On Tuesday 24th June 2014 at the Mile End stadium under the burning sun on a glorious day, the Disability Sports programme came to an end at the Sports day. The sports day is a climax of an 8 week programme run by the Vallance Community Sports Association in partnership and funded by Tower Hamlets **Positive Activities for Young People (PAYP)**. This is the 6th sports day and every year it is getting popular. Over 200 people packed the stadium and 150 participants with all forms of disability took part in Football, Cricket, Bocchia, Tennis, Golf and Athletics. Project manager of

VCSA Junel Uddin said "today is for all the people that took part in our SEN programme over the last 8 weeks. They are here to have fun and compete for prizes. Every participant will get a medal for taking part and that's what it's about. We are delighted with the turnout and the weather as always is great. We at VCSA are very grateful to the Tower Hamlets PAYP for letting us continue to provide this programme and give these young people a great day to showcase their talent". Zuber Ahmed who is a service user at the Disability organisation APASENTH said "I have been taking part in this programme for 4 years and it is getting better every year. We don't get a day like this so we are very happy that VCSA provide this".



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 <https://twitter.com/vallancefc>

Vallance Staff & Volunteers will like to wish all our members Ramadan & Eid Mubarak

Vallance FC – Player profile



Name: Hamzah Ali
Age: 10
Favourite football team: Liverpool
Favourite player: Phillipe Coutinho
School Attended: Old Ford Primary School
Favourite subject: PE
Favourite food: Pasta

1. What team do you play for? Vallance FC U10
2. What position do you play? Defence/Midfield
3. Do you like training with vallance? Yes
4. What do you want to do after school? Become A Football Player

Players of the Month

June 2014



Under 7
Rahath Ahmed



Under 8
Yaseer Miah



Under 8
Raian Malik



Under 9
Ameen Syed Hussain



Under 9
Shahairya Khan



Under 10
Samir Miah



Under 12
Yasin Hay

Jack Petchey Foundation Achievement Award

Nabeel Ahmed has been awarded the **Jack Petchey Foundation Achievement Award** for June 2014 because of his hard work and commitment in training and games.



Another Award for U18

Vallance U18 who competed in the **Kent Youth League U18 North Division** last season was awarded the U18 Sportsmanship Award for 2013-14. This is for the best disciplinary record and behaviour of players on and off the pitch. This is the 2nd time this team has got this, they won the U16 Award last season.

Well done boys....



Summer of Fun

During the summer of 2014 Vallance will be delivering a range of activities for young people aged 8-19 years old. The 6 week programme will provide sports and football coaching at weavers Field and Mile End, IT training workshops and trips to the cinema, bowling and Ice skating.

For registration and details- email: info@vallancecsa.co.uk Tel: 07956 835811

Redbridge SEN Sports Day

On Thursday 26th June 2014 Vallance delivered the Football and Cricket competition at the Redbridge SEN (*Special Educational Needs*) Sports day. Held at the Waltham Forest Pool & Track stadium it was attended by 150 people with SEN/LDD. This is the 4th year that Vallance have done this for London Borough of Redbridge.



Showcased On TV

The Community work done at the Vallance Community Sports Association was showcased on Sky Channel 844 . The show titled **Community Champions** was shown Live on Monday 23rd July 2014 at 7-30pm. On the show was Vallance Founder members, staff and volunteers along with parents. They spoke about the organisation and viewers called in with questions and about the services provided by Vallance.

Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin:
info@vallancecsa.co.uk

Results

SATURDAY 7th June 2014

Tower Hamlets Youth League:

Vallance U16- 2 vs SOUL Youth U16- 1
Vallance U12 A- 6 vs SOUL FC U12- 1
Vallance U12 B- 4 vs Newark Youth U12- 4
Vallance U10 A- 16 vs Vallance U10 B- 1

SUNDAY 8th June 2014

BFA Summer league 2014 3rd Division:

Vallance Youth- 8 vs Poplar Tigers- 1

SATURDAY 14th June 2014

Tower Hamlets Youth League:

Vallance U16- 1 vs Acorn U16- 1
Vallance U12 A- 9 vs Acorn U12- 0
Vallance U12 B- 4 vs Fieldgate U12- 4
Vallance U10 A- 20 vs Shadwell U10- 2
Vallance U10 B- 1 vs Arbour U10- 9

SUNDAY 15th June 2014

BFA Summer league 2014 Cup 1st Round:

Vallance Youth- 1 vs SOUL FC- 0

BFA Summer league 2014 Cup 2nd Round:

Vallance Youth- 0 vs Mohameddan- 6

SATURDAY 21st June 2014

Tower Hamlets Youth League:

Vallance U16- 6 vs ELSA U16- 2
Vallance U12 A- 6 vs Shadwell U12- 0
Vallance U12 B- 1 vs Mohammedan U12- 3
Vallance U10 A- 12 vs Newark U10- 0



Vallance CSA Funders & Sponsors



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

Volume 8, Issue 3

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