

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

VOLUME 8 – ISSUE 11 – 1st July 2015

SEN Activities at Attlee

On Wednesday 3rd June in the sunshine Vallance in partnership with the Attlee Centre and BFA UK held the **Attlee SEN Cup**. The one day event was held at the Attlee Centre outdoor pitches and all the participants have a form of disability. There were 6 teams playing in the football tournament which was won by the organisation *Core Project*. Also the participants took part in Cricket and Tennis.



Players Get Rewarded

After the training session on Saturday 6th June 2015 four players received their Player of the Season certificates in front of all the junior team players and parents.

The recognised players were:

- U13- Minhaj Ahmed
- U11- Hamza Ahmed
- U10- Younes Kecekoul
- U8- Ahmed Yassine Abdat



Special Award

Mohammed Iqbal Hussain (VFC academy director) who was recently awarded the Tower Hamlets Civic Award for Sports Contributions in the Borough got his certificate and plaque after the Saturday football training session. He was away from the country when it was awarded back in April 2015.

He said "To get this in front of all the junior players and parents was very special".



CHARTER STANDARD
DEVELOPMENT CLUB



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<https://twitter.com/vallancefc>



LONDON YOUTH
QUALITY MARK

Silver Accredited Status

Vallance FC – Player profile



Name: MD Minhaj Islam
Age: U11
Favourite football team: Arsenal FC
Favourite player: Alexis Sanchez
Favourite subject at school: Mathematics

1. What team do you play for? Vallance FC U11
2. What position do you play? Goalkeeper
3. Do you like training with vallance? Yes
4. What do you want to do after school? Become a Footballer or Doctor

Players of the Month

June 2015



Under 7
Mikail Ahyan Syed



Under 8
Mashrafee Zaman



Under 8
Ikraam Hussain



Under 9
MD Abdul Mahir



Under 10
Riyadh Hussain



Under 11
Sheikh Abdul Mafie

Jack Petchey Foundation Achievement Award

Rayhan Islam has been awarded the **Jack Petchey Foundation Achievement Award** for June 2015 because of his hard work and determination in training.



Redbridge Learning Disability Event 2015

Once again Vallance helped out at the **Redbridge Learning Disability event 2015** on Wednesday 10th June. This year it was held at the Peter May sports centre in Waltham Forest. On the day there were indoor activities for people with a disability which included Wheelchair basketball, Gymnastics, Bocchia and various other activities. Outside there was football and Cricket which was done by the Vallance coaching staff. This project is a part of the Vallance SEN Health Development programme.



Summer Football Programme

Vallance CSA in partnership with Tower Hamlets Sports Development and the Attlee Youth Centre are running a 4 week Fun Football programme for 8-16 year old. It will take place from Monday 28th July to Friday 28th August.

Sessions will be every Tuesday 2pm to 4pm and Thursday 11am to 1pm at the Attlee Centre football pitch.

For details of this programme and other summer events at Vallance contact Junel Uddin:

Tel – 07956 835 811

Email vallancefc@aol.com



Results

SATURDAY 6th JUNE 2015

Tower Hamlet Youth League:

Vallance FC U12 – 6 vs Soul FC U12 - 4

SATURDAY 13th JUNE 2015

Tower Hamlet Youth League:

Vallance FC U14- 1 vs SOUL YOUTH U14- 5

Vallance FC U12 – 4 vs Shadwell U12 - 4

SUNDAY 7th June 2015

BFA Summer League 2nd Division:

Vallance FC – 1 vs SOUL FC - 0

SUNDAY 14th JUNE 2015

BFA Summer League Cup:

Vallance FC- 7 vs PYO-0

**Vallance CSA management & staff
will like wish everyone Ramadan
& Eid Mubarak!!!!**

**Football
Foundation**

Volunteers Wanted

**Are you aged
16-25 and not in
education or
working?**

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

**For details and to
book a place
please contact
Junel Uddin:
info@vallancecsa.co.uk**



TOWER HAMLETS

Vallance CSA

Funders & Sponsors



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.