

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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Festival for all

On a sunny day at the Mile End stadium, Vallance Community Sports Association held their 10th annual Disability Sports Day Festival 2018 on Monday 14th May. Over 150 participants registered on the day to take part in the multi sports activities which included Football, Cricket, Soft Tennis, Inclusive Bikes and many others.

A big thank you to all the staff and management of the schools and organisations that attended and took part.

A special mention to:

- Imrul Gazi from the ***Kick It Out Campaign***
- Jas Hothi from ***London Youth***
- Shenneth Brereton from the ***Tower Hamlets Sports Development***
- Austin Hughes from the ***West Ham Utd Foundation***
- Tim Oliver from the Soft Golf

The Festival was about participation but there were some winners in the activities.



Vallance FC has once again completed the clubs annual health check and is proud of our FA Charter Standard status. We're committed to delivering the best possible experience for players, referees, coaches and supporters making football safe and fun for everyone.



CHARTER STANDARD
DEVELOPMENT CLUB



This issue

- Festival for All 1
- Player Profile 2
- Players of the Month
- JPF achievement award
- Fun Friendlies 3
- Redbridge Disability Sports Day
- Eid Party at the Social Club
- Funders & Sponsors 4

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London
Youth
QUALITY MARK
SILVER ACCREDITED

Vallance FC – Player profile



Name: Waseem Ahmed
Age: 10
Favourite football team: Real Madrid CF
Favourite player: Mohammed Salah
Favourite subject at school: P.E

1. What team do you play for? Vallance FC U10
2. What position do you play? Goalkeeper
3. What Other Sport Do You Like? Basketball
4. What do you want to do after school? Become a Doctor

Players of the Month

May/June 2018



Under 7



Under 8



Under 8



Under 10



Under 12

Jack Petchey Foundation Achievement

Award

Ridhwan Hussain has been awarded the **Jack Petchey Foundation Achievement Award** for June 2018 because of admin volunteering at the Youth Club.



Fun Friendlies

On a very hot day Vallance FC U7 and U6 played friendly games at Weavers Field on Saturday 26th May. Local teams Mindset FC and Wapping Warriors came down with their U7 and U6 to compete. All the games were played in a friendly atmosphere with all the parents enjoying the hot weather and cheering on the young boys. Vallance Football Development Officer Iqbal Hussain said *"We are grateful to Mindset FC and Wapping Warriors for coming here today. There are not many teams in the borough who have this age group so we thought it will be good to invite them down and play friendlies. Today there was NO winners as all the boys that participated got a medal"*



Redbridge Disability Sports Day

Once again Vallance Staff helped out with Cricket and Football at the Redbridge Disability Sports day 2018 on Wednesday 20th June. Held at the Waltham Forest Pool and Track centre. The event had over 200 participants taking part in various sports. All participants received a medal for taking part.



Eid Party at the Social Club

It was Pizza and watching the World Cup at the Disability Social Club on Monday 25th June. The Eid party was celebrated on that day. Over 50 service users attended and got to exchange food and drinks that they brought in.



Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin: info@vallancecsa.org.uk



Vallance CSA

Funders & Sponsors



Aims and Objectives of VCSA

A service to youths and adults in the London Borough of Tower Hamlets and surrounding areas of London.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.