

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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Summer Activities 2017

It was a great summer of activities provided by Vallance. Starting from the first day of the school holidays on Monday 24th July until Thursday 31st August 2017. It was 6 weeks of full on action and fun for over 150 young people from Tower Hamlets. Activities ranged from Sports sessions, Youth Club, Excursions and fun workshops. All the participants were provided with a certificate for taking part. Vallance Project Manager Junel Uddin said *"this year was one of our busiest summers of activities we provided because we have a new centre to provide from. We will like to thank our funders for the summer: Tower Hill Trust, Canary Wharf Contractors Group, One Housing Group and the Spitalfields Housing Association"*.



CHARTER STANDARD
DEVELOPMENT CLUB



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SEN Social Club

Another Project has started at the new centre. **The SEN (Special Educational Needs) Social Club** is in Partnership with **Outward** who is an organisation that works with SEN people all over England. Every Monday from 3pm to 6pm participants with SEN and Physical disabilities can come into the centre to meet likewise people and play Pool, Table Tennis and Interact.



Sport Forum Starts

The Newly formed **Canary Wharf Community Sports Forum** held an open day on Saturday 30th September 2017. This was at Shadwell Basin from 12pm to 5pm. Vallance are members of the Forum along with other sports organisations from Tower Hamlets. The community Fun day had sports taster sessions and stalls with information from the group members that was given out to all that attended. Vallance also did the Mehndi and face painting which was provided by the women volunteers.



<https://twitter.com/vallancefc>



@Vallancefc

London
Youth

QUALITY MARK
SILVER ACCREDITED

Vallance FC – Player profile



Name: Samir Hussain
Age: U13
Favourite football team: Manchester United
Favourite player: Paul Pogba
Favourite subject at school: P.E

1. What team do you play for? Vallance FC U13
2. What position do you play? Centre Midfield
3. What Other Sport Do You Like? Swimming
4. What do you want to do after school? Become a P.E Teacher

Players of the Month

September/October 2017



Under 6
Ayman Zinedine
Hussain



Under 7
Fayaz Islam



Under 7
Rayaan Yamin



Under 9
Isa Bin Sajid



Under 9
Shayan Usman



Under 10
Sheikh Mashrafee
Zaman



Under 11
Ishan Bhuyain



Under 11
Ismail Miah

Jack Petchey Foundation Achievement Award

Samir Hussain has been awarded the **Jack Petchey Foundation Achievement Award** for September 2017 because of his hard work and determination in training and volunteering.



Day out for the Club

On the night of October 5th Vallance FC staff, parents and young players went to Wembley to watch a World Cup qualifier. The match was England vs Slovenia and eventually England won 1-0. As part of being a FA Charter Standard Development Club, Vallance were given 125 complimentary tickets from the English FA. Football Development Officer Iqbal Hussain at Vallance said "This was a great opportunity for our young players along with their parents to experience a live game. You cannot get better than the Wembley atmosphere. We are very grateful to the FA and especially Kevin Coleman who is the Equality & Diversity manager at the FA for the tickets. We will work closely with the FA to make sure football at the grassroots level is enjoyed by all".



Veteran Team Play for Charity

Vallance FC has set up a new Veterans team for over 35. The team is made up of Ex-players from the beginning of Vallance in 1997 to 2007. This team includes founder members and Trustees. The first 7 a side tournament they took part in was on Sunday 8th October in a charity event for the victims of Rohingya. This tournament was done by **Human Aid** and they raised £9,500.00. Vallance Vets played 3 games and drew 1 and lost 2.



New Sponsor for Senior Team

It was a new kit and first win of the season for the Vallance FC senior team. The team was wearing a new kit which is Sponsored by the **212 Lounge** who are a local business based in Chadwell Heath. Vallance played away at Hackney Marshes and won 3-1.



Week of Fun and Education

Over the October 2017 School holiday there was a range of activities provided by Vallance for the local boys and girls. The youth club was open 3 days a week and also trips to the cinema. On Thursday 26th October there was a Basic First Aid workshop for girls and boys aged 11-19. This was attended by 21 participants and was delivered by the **British Red Cross**.



Results

SUNDAY 10th SEPTEMBER 2017

East London Barking & Dagenham Sunday Football League 1st Division:
Vallance FC- 2 vs Cranes FC- 4

SUNDAY 1st OCTOBER 2017

East London Barking & Dagenham Sunday Football League 1st Division:
Vallance FC- 2 vs Debdon Sports- 6

SUNDAY 17th SEPTEMBER 2017

East London Barking & Dagenham Sunday Football League 1st Division:
Vallance FC- 2 vs Haringay Town- 5

SUNDAY 15th OCTOBER 2017

East London Barking & Dagenham Sunday Football League 1st Division:
Vallance FC- 3 vs Maynell FC- 1

SUNDAY 24th SEPTEMBER 2017

East London Barking & Dagenham Sunday Football League 1st Division:
Vallance FC- 1 vs AC Nightingale- 3

SUNDAY 22nd OCTOBER 2017

East London Barking & Dagenham Sunday Football League:
Vallance FC- 2 vs Haringey Town- 2

SUNDAY 29th OCTOBER 2017

East London Barking & Dagenham Sunday Football League JUBILEE CUP:
Vallance FC- 4 vs Hackney Downs FC- 7

Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin:

info@vallancecsa.org.uk

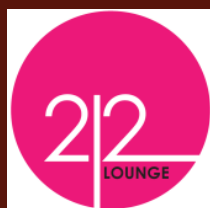
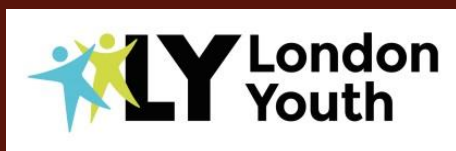


Vallance CSA

Funders & Sponsors



**CANARY WHARF
CONTRACTORS FUND**



Aims and Objectives of VCSA

A service to youths and adults in the London Borough of Tower Hamlets and surrounding areas of London.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.