

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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Canary Wharf Sports Personality Awards 2019

In a sparkling ceremony at the East Winter Gardens on 9th April, Vallance celebrated disability football team won the Canary Wharf Group's Team of the Year award at the firm's 18th Sports Personality of the Year event. The team was one of a number of teams short-listed for the award. The team had beaten competition from scores of other teams in Tower Hamlets. Given the competition the win was a 'massive achievement. The team, CJ, Jonathan, Ryan, Shahin and captain Wobi, collected their award before an audience that included former Nottingham Forest, West Ham and Aston Villa striker, Marlon Harewood, and former England cricketers, Monty Panesar and Devon Malcolm.



CHARTER STANDARD
DEVELOPMENT CLUB



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U15 League Finishes

The curtain has come down on another season for the Vallance U15 team. Their last league game in the **HMSYFL** (Hackney Marshes Saturday Youth Football League) was played Saturday 30th March 2019. They lost to the league runners up 5-1. After a slow start to the league Vallance finished in 3rd place. After the Easter break their will be the League Cup competition. The U15 manager said "As always we started off slowly and only had one victory in 4 than we picked up points and went on a run of 7 without defeat. The players have developed well as a unit and still learning about how we want them to play and get them prepared to eventually play for the senior team in 2 years. They have no games now until the Cup competition in Late April".



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Get Your Artistic Fun

Thank you to everyone at the VSCA SEND Club who helped and participated in the fantastic art group! it was great fun and a real joy to get people together to express themselves creatively and use art as a way to communicate their feelings. The theme was springtime, especially with summer coming up soon, and everyone's different interpretations were really great to see. Everyone's art pieces all together paint a picture of a lovely, vibrant community in Tower Hamlets.



London
Youth
QUALITY MARK
SILVER ACCREDITED

Player Profile



Name: Tanveer Syed Farhan
Age: 8
Favourite football team: Manchester City
Favourite player: Raheem Sterling
Favourite subject at school: Maths

1. What team do you play for? Vallance FC U9
2. What position do you play? Midfielder
3. What Other Sport Do You Like? Basketball
4. What do you want to do after school? Become an Accountant

Players of the Month

April/May 2019



Under 6



Under 7



Under 7



Under 8



Under 9



Under 9



Under 9



Under 9



Under 10



Under 11

Jack Petchey Foundation Achievement Award

Tomzida Sultana has been awarded the **Jack Petchey Foundation Achievement Award** for May 2019 because of her hard work ethic at the Youth Club.



Girls Open Day Event 2019

It was an afternoon open to all the local residents. Friday 12th April 2019 was the Girls Open Day event. The Girls Youth Club is looking for new recruits and opened its doors from 2pm to 6pm. There were over 100 young people that came over to see what is on offer at the sessions and also took part in games as well as have refreshments. Two local female councilors also attended to give their backing to the event.



Easter Residential

Easter is a long holiday so it was good to take away 12 young people for 3 days. Six boys and six girls aged 16 and above went to the Hindleap Warren Resort in Surrey from 15th to 17th April 2019. The participants are members of the Vallance



Youth Club and completed 2 workshops in the last 6 months so this residential was their reward. During the 3 days they completed team bonding activities and also took part in bite size workshops. This residential was in partnership with **Ocean Youth Connections**.

Iftar Gathering

On Wednesday 15th May 2019 it was the traditional Vallance Iftar Gathering. Held during the Islamic month of Ramadan the gathering was at the SHA Community Centre the home of Vallance. Management and volunteers attended the evening enjoying food and refreshments.



Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

***For details and to book a place please contact Junel Uddin:
info@vallancecsa.org.uk***



Funders & Sponsors



Aims and Objectives of VCSA

A service to youths and adults in the London Borough of Tower Hamlets and surrounding areas of London.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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Vallance Community Sports Association Ltd

SHA Community Centre
117 Vallance Road
London
E1 5BW

Tele: 0207 247 6957

Email: info@vallancecsa.org.uk

Web: www.vallancecsa.org.uk

Instagram: [@vallancefc](https://www.instagram.com/vallancefc)

Twitter: [@vallancefc](https://twitter.com/vallancefc)

www.facebook.com/vallancefc

The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.