

# Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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## Triumph for U8's

On Saturday 13th February 2016 on a cold morning in Mile End, Vallance U8 won the THYL U8 Cup. They played 4 group games winning 3 and losing 1. In the final they played East End Utd B and the game ended 2-2 and went to penalties. Eventually Vallance won 3-2 on penalties.



CHARTER STANDARD  
DEVELOPMENT CLUB



## Friday Inclusive Session Starts

The Inclusive Sports session has started at the Stepney Green pitch on Friday 12th February 2016. The 2 hour session was attended by around 15 participants who have a mild physical disability. This project is in partnership with the **West Ham United Foundation** and **London Borough of Tower Hamlets Council**.



## For A Cause

Vallance FC U14 took part in a 7 a side tournament during the February 2016 half term holiday at the Stepney Green astro turf pitch. The tournament was done to get young boys aged 12-14 to come together and play in a competitive and friendly environment.



Named **Fight for Change** it had 16 teams with boys from all over London take part. Vallance FC U14 played 4 group games and won them all but lost 1-0 in the Semi-final to the eventual winners **Big Kid Foundation**.

## Holiday Sessions

There was 2 days of Fun football for boys aged 8-15 years old during the February 2016 half term school holiday. Held at Weavers Field on Tuesday 16th and Wednesday 17th February. It was attended by over 60 boys.



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<https://twitter.com/vallancefc>



LONDON YOUTH  
**QUALITY MARK**

Silver Accredited Status

# Vallance FC – Player profile



Name: Azman Rehan Hussain  
Age: U9  
Favourite football team: Arsenal FC  
Favourite player: Sanchez  
Favourite subject at school: Maths

1. What team do you play for? Vallance FC U9
2. What position do you play? Defender
3. What Other Sport Do You Like? Tennis
4. What do you want to do after school? Become a Tennis Player

## Players of the Month

February 2016



Under 7  
Yusuf Ahmed



Under 8  
Rahat Ahmed



Under 9  
Younus Islam



Under 10  
Mohammad Naim  
Hussain



Under 11  
Jawad Rahman



Under 14  
Shuaib Ahmed

## Jack Petchey Foundation Achievement Award

Shuaib Ahmed has been awarded the **Jack Petchey Foundation Achievement Award** for February 2016 because of his hard work and determination in training.



## Champions Again

On Thursday 18th February 2016 Vallance FC U12, U14 and U16 team took part in the **London Youth Football Tournament**. This is a 5 a side tournament held at the Power League pitches in Shoreditch. It attracts over 350 boys and is a great way of getting them active during the half term. Vallance U16, U14 B and U12 A did not make it out of the group stages. Vallance U12 B finished 3rd overall and the Vallance U14 A team (*picture right*) won their age group. It is the 2nd half term in a row they have won this.



## Achieving the Double

Vallance FC U12 has completed the League and Cup double in the **Tower Hamlets Youth League** U12 division. On Saturday 20th February 2016 they played at Mile End in a round robin tournament and made it to the final where they met SOUL FC U12. Vallance U12 proved too strong and won 3-1 with man of the match Hamza Ahmed scoring twice.



## Results

### SATURDAY 6th FEBRUARY 2016

#### **Tower Hamlets Youth League:**

Vallance U16- 3 vs SOUL FC U16- 0  
Vallance U12- 2 vs Shadwell U12- 1  
Vallance U10 A- 3 vs Newark U10 A- 9  
Vallance U10 B- 2 vs Osmani U10- 8  
Vallance U8- 6 vs Newark U8- 2

### SATURDAY 13th FEBRUARY 2016

#### **Tower Hamlets Youth League:**

Vallance U10 A- 3 vs Osmani U10- 9  
Vallance U10 B- 4 vs East End Utd U10- 8

### SATURDAY 20th FEBRUARY 2016

#### **Tower Hamlets Youth League:**

Vallance U10 A- 1 vs Abohani U10- 6  
Vallance U10 B- 3 vs East End Utd U10- 0

### SUNDAY 7th FEBRUARY 2016

#### **East London Sunday Football League:**

Vallance FC- 7 vs Mabley FC- 2

### SUNDAY 14th FEBRUARY 2016

#### **East London Sunday Football League:**

Vallance FC- 1 vs Dalston FC- 2

### SUNDAY 21st FEBRUARY 2016

#### **East London & Essex Junior Football League:**

Vallance U14- 3 vs Clissord U14- 2  
Vallance U11- 2 vs Eclipse U11- 0

### SUNDAY 28th FEBRUARY 2016

#### **East London & Essex Junior Football League:**

Vallance U14- 1 vs Centre SA U14- 1  
Vallance U11- 8 vs Whitestar U11- 1

## Volunteers Wanted

**Are you aged 16-25 and not in education or working?**

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

**For details and to book a place please contact Junel Uddin:**  
[info@vallancecsa.org.uk](mailto:info@vallancecsa.org.uk)



TOWER HAMLETS

# Vallance CSA

## Funders & Sponsors



**CANARY WHARF  
CONTRACTORS FUND**



### Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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