

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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All for Charity

Vallance FC U10 and U12 took part in a 6 a side football tournament where all proceeds went to charity. On Saturday 6th September at the new Stepney Green 4G pitches, Bangladesh Football Association (BFA) UK held the **Palestine Peace Cup**. Vallance FC U10 (*pictured right*) won the U10 age category without losing a game and Vallance FC U12 got to the final but lost on penalties as the final finished 0-0. On Sunday 7th September Wanstead at Flats in Newham Vallance FC senior team took part in the Open age tournament but did not win any games in their group. Vallance manager Junel Uddin said "*it was a great weekend of football and our teams had a good time and donated for a good cause. We will like to thank the BFA UK for a good initiative and getting the Tower Hamlets football family together for this.*".



Level 2 Coaches

We have 2 coaches that have just completed and passed their **FA Level 2 in coaching football**. Salman Khan and Mohamod Kibria are both 17 years old and both studying their BTEC in Sports Science at Morpeth 6th form. They are still playing football for the Vallance FC senior team and coach the U10 players on Saturday.

Well done boys!!!



FA Charter Standard Development Club

Vallance FC has been awarded the **FA Charter Standard Development Club Award**. We are the first club In Tower Hamlet to get this. Chairman Shuhel Ahmed said "*This shows that we are providing first class football coaching to youngsters and all our coaches have been put through months of training to achieve this. We want to grow and we are working towards the top award for football clubs which is the FA Charter Standard Community Club Award. We hope to achieve this within 3 years*".



CHARTER STANDARD
DEVELOPMENT CLUB



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<https://twitter.com/vallancefc>



Vallance FC – Player profile



Name: Samir Hussain
Age: 10
Favourite football team: Manchester United
Favourite player: Angel Di Maria
Favourite subject at school: PE

1. **What team do you play for?** Vallance FC U10
2. **What position do you play?** Right Wing
3. **Do you like training with vallance?** Yes
4. **What do you want to do after school?** Become a PE Teacher

Players of the Month

September 2014



Under 7
Ayaan Rahman



Under 8
Zakariah Shahid



Under 9
Yassine Abdat



Under 10
Ubayed Noor



Under 11
Hamzah Ali



Under 13
Minhaj Ahmed

Jack Petchey Foundation Achievement Award

Minhaj Ahmed has been awarded the **Jack Petchey Foundation Achievement Award** for September 2014 because of his hard work and commitment in training.



Senior Side Kick Off

Vallance FC kicked off their season against Elvalente FC on Sunday 21st September 2014 at Hackney Marshes. Vallance are playing for the first time in the **East London Sunday Football League**. The game was a morning kick off and played at a quick tempo. Elvalente took an early lead but Vallance equalised from a penalty after striker Salman Khan was fouled in the box. It was converted comfortably by returning former captain Sam O'Brien. Vallance than took the lead through a superb strike from Liam O'Hara. Late in the 1st half Elvalente equalised after a mistake from young goalkeeper Shahinur Rahman. In the 2nd half both teams had chances to score but it was Elvalente who took the lead after another mistake from the goal keeper. Vallance tried to get an equaliser and eventually got exposed at the back and conceded again and lost 4-2. Vallance manager Junel Uddin said "*I took a lot of positives from this game because it is a mixture of last year's U18 and senior team. Our keeper made mistakes but he is 17 years old and will learn. All the players including the 4 subs are players that have been trained at the Vallance Youth Academy. Results will get better.*"

Summer League Ends

The summer 2014 **Tower Hamlets Youth League** came to an end on Saturday 20th Sept 2014 with the Cup competitions. Vallance U16 played SOUL U16 in the quarter finals and beat them on penalties 5-3 after the game finished 1-1. In the semi-final they lost 1-0 to Acorn U16. Vallance U12 A made it all the way to the final and lost 2-1 to Osmani FC U12. Vallance U12 B lost in the group games.



The final league positions of the Vallance youth teams:

Vallance U16- 3rd
Vallance U12 A- 3rd
Vallance U12 B- 6th
Vallance U10- 1st (*pictured right*)

U16 Lose Cup Final

On Monday 6th October under the flood lights at the Mile End stadium Vallance U16 played Manor U16 for the **Tower Hamlets Youth League** Winter 2013-14 cup final. It was a game of two halves. Vallance took the lead on the 10th minute from a close range strike from Umar Uddin. In the 2nd half Manor U16 upped their game and completely dominated. They scored 5 goals and won the cup.



Results

SUNDAY 21st September 2014

East London Sunday Football League:

Vallance FC- 2 vs Elvalente- 4

SUNDAY 28th September 2014

East London Sunday Football League:

Vallance FC- 2 vs Crane FC- 1

East London & Essex Junior Football League:

Vallance U13- 3 vs Sporting Bengal U13- 3

Vallance U11- 3 vs Eclipse U11- 3

Vallance U10- 2 vs Eclipse U10-1

Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

**For details and to book a place please contact Junel Uddin:
info@vallancecsa.co.uk**



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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Vallance CSA Funders & Sponsors



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