

# Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

VOLUME 7 – ISSUE 11– 1<sup>st</sup> February 2014

## International Day of Disabled People

Tower Hamlets Sports Development team in partnership with the Vallance Community Sports Association held a day of sports activities for disabled adults on Monday 2nd December 2013 from 10am–12pm in the Sports Hall at Mile End Park Leisure Centre. That day was International Day of Disabled People and we followed the Theme of the internationally recognized day “Break Barriers, Open Doors: for an inclusive society and development for all”.

On the day a range of sports providers did different activities for participants to take part in. Vallance Community Sports Association who lead the sessions every Monday were involved in co-ordinating the activities and supporting all the participants. At the end of the session there were refreshments and photos taken.



## Holiday Football Coaching

Vallance FC will be holding a 2 day football coaching programme during the February 2014 half term holiday. *The coaching is free charge and open to boys 6-15 years old.*

This will take place on **TUESDAY 18<sup>th</sup> and WEDNESDAY 19<sup>th</sup> FEBRUARY 2014 from 11am to 1pm.** The venue is WEAVERS FIELD in Vallance Road, London E1.

Can you please make sure you drop your child 10 minutes before the start for registration and come to collect him 5 minutes before the end of the session. Please make sure your child brings a bottle of water and appropriate kit (trainers/football boots and tracksuit bottoms/shorts).



CHARTER STANDARD  
CLUB



### This issue

- SEN Event **1**
- Holiday Football Coaching **2**
- Player profile **2**
- Players of the Month
- JPF achievement award
- Vallance Compete At WHU **3**
- Tournament
- Volunteer Award For Vallance Coach
- MAYP February Half Term
- Results

 Funders & Sponsors **4**

<https://twitter.com/vallancefc>

## Saturday

### Football Training

Football training at Weavers Field will revert back to normal time of **2pm** and finish **4pm** from **Saturday 15<sup>th</sup> February 2014.**

## Vallance FC – Player profile

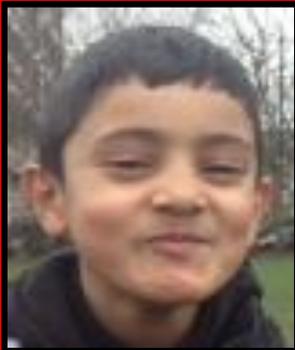


Name: Christopher Toussaint  
Age: 12  
Favourite football team: Man UTD  
Favourite player: Nemanja Vidic  
School Attended: Central Foundation for Boys  
Favourite subject: History  
Favourite food: Sandwiches

1. What team do you play for? Vallance FC U12
2. What position do you play? Centre Back
3. Do you like training with vallance? Yes
4. What do you want to do after school? Become A Sports Scientist

## Players of the Month

January 2014



Under 7  
Aadam Ali



Under 9  
Yasin Uddin



Under 10  
Maui Hoete



Under 11  
Minhajul Islam



Under 12  
Shuaib Ahmed

## Jack Petchey Foundation Achievement Award

Shuaib Ahmed aged 12 has been awarded the **Jack Petchey Foundation Achievement Award** for January 2014 because of his hard work and commitment in training and games.



## Vallance Compete At WHU Tournament

On Saturday 7th Dec 2013 Vallance U12 and U14 took part in a 5 a side tournament held at the West Ham United Community Scheme Trust pitch in Beckton. The tournament was held by the BFA UK in partnership with West Ham United (WHU). There was also a coaches briefing given by the WHU academy coaches to all the participating team managers.



Vallance U14 played 4 group games and had 1 win and 3 defeats. Vallance U12 (*pictured right*) played 5 group games and won 4 and lost 1. They made it to the final and lost 1-0 to Sporting Bengal U12.

## Volunteer Award for Vallance Coach

Shuaib Ahmed aged 18 who is a volunteer football coach at Vallance FC was nominated for the **Canary Wharf Group Volunteer Coach 2013**. The ceremony was held in Canary Wharf on Thursday 31<sup>st</sup> January 2014. The trophy was presented by the West Ham Utd goalkeeper Adrian and also present at the event was the chairman of West Ham Utd, Mr David Gold (*pictured right*).



Shuaib has been at Vallance FC since the age of 12 and has helped coach many kids and now coaches the U12. He is a FA Level 1 coach.

## Results

### SATURDAY 18th January 2014

*Tower Hamlets Youth League:*

Vallance U12- 2 vs Newark U12- 2

### SUNDAY 19<sup>th</sup> January 2014

All Games Cancelled Due To Bad Weather

### SATURDAY 25<sup>th</sup> January 2014

*Tower Hamlets Youth League:*

Vallance U16- 7 vs Bow Juniors U16- 2

Vallance U12- 4 vs Shadwell U12- 6

### SUNDAY 26<sup>th</sup> January 2014

All Games Cancelled Due To Bad Weather

## February 2014

### Half Term

### MAYP

During the February 2014 half term holiday, Vallance will be running a week long programme which is funded by **MAYP** (*Mayors Activities for Young People*) and Tower Hamlets Youth Connexions.

This will include multi sports coaching at Weavers Field and Mile End. Cinema trips to Surrey Quays.

There will be 2 accredited courses which includes a Basic IT Level 2 workshop and a Sports Leaders Award workshop.

*For details and to book a place please contact Yusuf Uddin:  
info@vallancecsa.co.uk*



# Vallance CSA Funders & Sponsors



## Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

**Volume 7, Issue 11**

**Vallance Community Sports Association Ltd**

2<sup>nd</sup> Floor  
20 Club Row  
London  
E2 7EY

Tele/fax: 0207 613 5309

Email: [info@vallancecsa.co.uk](mailto:info@vallancecsa.co.uk)

Web: [www.vallancecsa.co.uk](http://www.vallancecsa.co.uk)

Twitter: [@vallancefc](https://twitter.com/vallancefc)

[www.facebook.com/vallancefc](http://www.facebook.com/vallancefc)

*The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.*