

# Vallance Community Sports Association

NEWSLETTER by Muhibur Rahman Designed by Shamim Miah

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## Summer 2012 Sports Sessions

Vallance in Partnership with **Tower Hamlets Homes** have started their Summer 2012 Sports Sessions. The first session took place on Tuesday 24<sup>th</sup> July at Meath Gardens in Bethnal Green. Around 30 young people attended. At the end of the first session 10 young kids were chosen for a unique photo.

Venue and dates for the sports sessions;

**Meath Gardens** (Bethnal Green): 2 – 4pm, Tues 24<sup>th</sup>, 31<sup>st</sup> July, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> Aug

**Stepney Green park** (Stepney Green): 2 – 4pm, Thurs 26<sup>th</sup> July, 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> Aug

**Mile End Sports Centre** (Mile End): 5 – 6pm, Fri 27<sup>th</sup> July, 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> Aug

**Weavers Field** (Bethnal Green): 2 – 4pm, Sat 28<sup>th</sup> July, 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> Aug

**For more information contact Junel Uddin**

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**Email:** [info@vallancecsa.co.uk](mailto:info@vallancecsa.co.uk)



## SWAN Housing Summer 2012 Activities

The Summer 2012 activities held with young people from the Swan Housing estates in Tower Hamlets, Newham, Redbridge and Havering will take place from August 13<sup>th</sup> to August 31<sup>st</sup> 2012. Vallance will be running this for the 2<sup>nd</sup> year.

For residents of the Swan Housing estate at these areas can get details from the Swan Housing website or email; [info@vallancecsa.co.uk](mailto:info@vallancecsa.co.uk)



CHARTER STANDARD  
CLUB



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<https://twitter.com/vallancefc>

### Youth teams to compete in Winter Leagues

Vallance FC Youth teams are preparing for the 2012-13 season in the winter leagues which will take place throughout London.

Vallance U9, U10, U11, U12, U14 and U16 will start training at the Mile End 11 a side astro turf pitch on Friday's 5-30pm to 7pm.

## Vallance FC – Player Profile



Name: Hafizul Islam  
Age: 13  
School Attended: Oaklands  
Favourite football team: Liverpool FC  
Favourite player: Steven Gerrard  
Favourite food: Fried Chicken

1. What team do you play for? Vallance U14
2. What position do you play? Central Midfield
3. Do you like the training at Vallance? Yes
4. What do you want to do when you leave school? I like to work for the NHS

## Players of the Month

July 2012



Under 7  
Samir Miah



Under 10  
Jaylen Addo



Under 11  
Aqeeb Uddin



Under 12  
Sadik Munna



Under 12  
Saydul Islam



Under 14  
Sayim Islam

## Volunteers wanted

**Are you aged 16-25 and not in education or working (NEET) and living in Tower Hamlets?**

As part of the ***Tower Hamlets Mayors ESF Fund*** you can now get involved with Vallance and take part in their programmes as a volunteer. There are roles in football coaching to administration.

As a volunteer you will take part in accredited training and reimbursed for your expenses.

*For details:  
Tel: 0203 441 9392  
Email: [info@vallancecsa.co.uk](mailto:info@vallancecsa.co.uk)*



## Vallance FC Make Winning Start

Vallance FC (*picture below*) who plays in the **Middlesex County Football League** Division 1 has started Pre Season Training. The training takes place on Tuesdays 7pm to 8-30pm at the 11 a side astro turf pitch in Mile End. The Team has played 2 friendlies in July. The first game was with Essex Senior side *London APSA* and Vallance won 2-1 and the second game was with *Bethnal Green Reserves* and Vallance won 3-2.



## Tower Hamlets Youth League 2012

All the Vallance FC Youth teams have completed their fixtures in the **Tower Hamlets Summer 2012 Youth League**. Vallance U16 finished 4th. Vallance U12 finished 3rd. In the U10 league Vallance U10 Lions finished 3rd and Vallance U10 Tigers (*picture below*) won the league.



**Ramadan  
and  
Eid Mubarak**

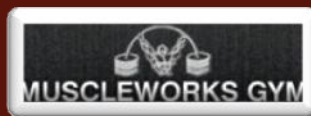
**To All Our  
Members From  
Vallance C.S.A  
Staff And Volunteers**

## Jack Petchey Foundation Achievement Award

Gabriel Reilly Vickers has been awarded the **Jack Petchey Foundation Achievement Award** for July 2012 because of his hard work and commitment in training.



# Vallance CSA Funders & Sponsors



## Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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*The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.*