

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

VOLUME 10 – ISSUE 2 – 1st September 2017

Vallance Youth Club

It's a new beginning for Vallance at the new centre and now the Vallance Youth Club is open. On Monday and Wednesday 6-8pm it is for boys aged 8-19 and on Friday 6-8pm it for girls 8-19. Also on Monday in partnership with the **Inventors Club** there is a Computer Coding class from 6-7pm. The youth club is in partnership with the **Spitalfields Housing Association** and funded by the **BIG LOTTERY**.



Computer Coding Classes

Another project has started at the new centre. Vallance in partnership with the **Inventors Club** will be running a Computer Coding class for one hour every Monday 6-7pm for young people aged 8-16. Experts in this field of work will help the participants understand computer coding, designing and Invent.



Samuda Estate Summer Programme

The summer 2017 activities have started for the young residents at the Samuda Estate in the Isle of Dogs. Vallance in partnership with the **One Housing Group** are running the 5 week program every Monday, Tuesday and Wednesday 12pm to 4pm in the Cubitt Town Youth centre. Both boys and girls aged 8-19 years old can enjoy indoor and outdoor activities as well as trips.



CHARTER STANDARD
DEVELOPMENT CLUB



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<https://twitter.com/vallancefc>



@Vallancefc

London
Youth

QUALITY MARK
SILVER ACCREDITED

Vallance FC – Player profile



Name: Adam Hussain
Age: U14
Favourite football team: Chelsea
Favourite player: Eden Hazard
Favourite subject at school: P.E

1. What team do you play for? Vallance FC U14
2. What position do you play? Striker
3. What Other Sport Do You Like? Badminton
4. What do you want to do after school? Become a P.E Teacher

Players of the Month

August 2017



Under 7
Sabir Ali



Under 8
Dawud Ahmed



Under 10
Jaheed Ahmed



Under 10
Marko Vujnavic



Under 10
Samiur Rahman



Under 10
Tahmeed Habib



Under 11
Aman Kamali



Under 11
Ismail Uddin

Jack Petchey Foundation Achievement Award

Adam Hussain has been awarded the **Jack Petchey Foundation Achievement Award** for August 2017 because of his hard work and determination in training and volunteering.



Fun Football Coaching

As part of the summer 2017 holiday programme there was Fun football coaching at Weavers Field for 3 weeks on a Tuesday and Wednesday 11am to 1pm. This was attended by over 30 boys.



Inclusive Tennis Ends With Competition

The 5 week Inclusive Tennis at the Lee Valley Tennis centre ended on Wednesday 2nd August with a competition for all the participants. They all received a medal and certificate for taking part. All the participants have a disability but that did not stop them from enjoying this programme.



THYL Summer Cup 2017

Vallance FC U8 and two U10 teams took part in the **Tower Hamlets Youth League (THYL)** summer 2017 cup at the Mile End pitches. The U8 played 5 a side and U10 played 7 a side. Vallance U10 A made it to the semi-finals.



Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

***For details and to book a place please contact Junel Uddin:
info@vallancecsa.org.uk***

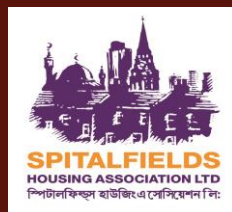


TOWER HAMLETS

TOWER HAMLETS

Vallance CSA

Funders & Sponsors



**CANARY WHARF
CONTRACTORS FUND**



Aims and Objectives of VCSA

A service to youths and adults in the London Borough of Tower Hamlets and surrounding areas of London.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

Volume 10, Issue 2

Vallance Community Sports Association Ltd

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