

# Vallance Community Sports Association

NEWSLETTER by Muhibur Rahman/Yusuf Uddin Designed by Shamim Miah

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## SEN Sports Programme 2013

Vallance Community Sports Association we will like to thank everyone on making the SEN 2013 Sports Programme which was a part of the **MAYP Youth Service Sports Programme** one of the best it has done. In total we had over 150 people with SEN/LDD take part over the 8 weeks and over 250 people (*pictured below*) and participants attended the SEN Sports day on Wednesday 5th June 2013. A big thank you to all the staff and Management at APASENTH for the use of their training room at the Brady Art centre for the workshops and to Councillor Gulam Robbani and the Young Mayor of Tower Hamlets Mahdi Alam for coming to the sports day and handing out the medals.



## Vallance U10 Finish with Cup Win

The **Tower Hamlets U10 Summer Youth League 2013** came to a winning end for the Vallance U10 Dragons team in the Cup competition. The team who finished runners up in the league won the U10 Cup on Saturday 15th June 2013 by beating the league winners SOUL U10 5-3 after extra time. After topping their group the team finished undefeated in the cup. Vallance U10 Panthers who finished 5th in the league were in the same group as Vallance U10 Dragons in the cup and finished 3rd. Both teams will now train on Saturday and resume the THYL U10 Winter league in Sept 2013.



## Spanish Tournament

Vallance U16 took part in the Deportivo Galicia football tournament on Sunday 30th June 2013. Held at the Warren Farm Sports field in Ealing Vallance reached the semi final. In the Group was Spanish U16 side Deportivo Galicia and Vallance beat them 4-0. In the semi final Vallance lost 3-0 to eventual winners Willesdan Constantine U16.



CHARTER STANDARD  
CLUB



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<https://twitter.com/vallancefc>

Vallance C.S.A  
Management and  
Staff will like to  
wish everyone  
Ramadan and Eid  
Mubarak

## Vallance FC – Player Profile



Name: Sayfur Rahman  
Age: 14  
School attended: Forest Gate  
Favourite football team: Man UTD  
Favourite player: Robin Van Persie  
Favourite subject at school: Maths  
Favourite food: Prawns

1. What team do you play for? Vallance FC U14
2. What position do you play? Striker
3. Do you like the training at Vallance? Yes
4. What do you want to do when you leave school? Become a Lawyer

## Players of the Month

June 2013



Under 7  
Mahbub Rahman



Under 8  
Ahmed Ali



Under 10  
Miraj Hoque



Under 11  
Jermaine Marshall



Under 12  
Rafi Khan



Under 14  
Kawsar Chowdhury

## Jack Petchey Foundation Achievement

### Award

Kibria Mohammed has been awarded the **Jack Petchey Foundation Achievement Award** for June 2013 because of his hard work and commitment during the month.



## Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles in football coaching to administration. As a volunteer you will be trained by current staff and sent on training courses.

**For details contact-**

**Tel: 0203 441 9392**

**E: [info@vallancecsa.co.uk](mailto:info@vallancecsa.co.uk)**

***This programme is funded  
by the William Wates  
Memorial Trust***

# SEN Sports Day at Redbridge

On Thursday 27th June 2013 Vallance Sports coaching staff was at the Pool & Track stadium in Waltham Forest. They were there helping out with the SEN sports day for the Redbridge council. This is the 3rd year that Vallance have helped with the Football and Cricket events at these games.

Vallance project manager said "As part of our SEN Health Development programme we are delighted to come here and help out. There were around 150 people with Special Needs as well as wheel chair users that took part in the games. We had SEN groups from all over the Redbridge Borough as well as few from Tower Hamlets which included APASENTH (pictured above) who won both the Football and Cricket team events".



## League winners

Vallance FC U14 has won the summer 2013 U14 THYL (Tower Hamlets Youth League) in dramatic style on the last day of the season on Saturday 29<sup>th</sup> June.

Going into the last game, there were 4 teams that could win the league. Vallance U14 drew their game 2-2 with Bow U14 in the morning and needed ELSA U14 to lose in the afternoon. ELSA played a good game but lost 8-1 to SOUL U14 and handing the title to Vallance U14. Manager Yusuf Uddin said "I am very happy that this age group have won their league. The U14 division was very tight but I think we deserve to win at the end because we lost only one game during the summer".



## Vallance U16 Special Award

On Thursday 27th June at the AGM of the Kent Youth League (KYL), Vallance U16 was awarded the Sportsmanship for the 2012-13 U16 North division. This is given to the team that has the best discipline, hospitality and performances from the team throughout the season. Vallance were nominated by 8 teams in a division of 10. Junel Uddin who manages the team went to collect the trophy. He said "I am very proud to collect this award on behalf of the U16 players. They had a very hard season but to get recognised by all the team managers from the league is a great feeling. We got 8 votes from a possible 10 which included us was great. The KYL league chairman mentioned no other team in the other 9 divisions had a clear margin of votes. There are some Ryman and Conference League youth teams in our division which include Dartford Bromley, Maidstone and Cray Wanderers".



## SNC Award 2013

Vallance U12 and U10 players were handed their medals and trophies from the **Tower Hamlets Youth League winter 2012-13**. Vallance U10 won their division and Vallance U12 finished runners up in the cup. The ceremony was held at the Brady Centre in Whitechapel on Saturday 29th June. All the players were present with their parents. The event was done by the **Sports Network Council**.



## New Address

Vallance have moved to a new address in Bethnal Green. This will be used for Office Administration and accredited training.

**Vallance Community Sports Association**  
2<sup>nd</sup> Floor  
20 Club Row  
London  
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Tele/Fax: 0207 613 5309

# Vallance CSA Funders & Sponsors



## Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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*The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.*