

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

VOLUME 11 – ISSUE 2 – 1st December 2019

Summer League Ends

The Vallance FC season in the BFA Summer League Premier division ended on Sunday 7th September 2019. The team did not do well and ended up in 9th position. Manager Junel Uddin said *"We had a squad full of youngsters from the U16 team playing and we always knew it will be a struggle for this young team. We will now build the team from the youth and prepare for the winter league which starts at the end of September"*.



Junior Teams Kick Off

Saturday 28th September 2019 saw the start of the **Hackney Marshes Saturday Youth Football League (HMSYFL)**. Vallance FC has 3 junior teams competing in this league. The newly formed Vallance U8 and Vallance U9 and U10 who are starting their 3rd season. All 3 teams train on Friday afternoon at Mile End and have experienced managers looking after them.



CHARTER STANDARD
DEVELOPMENT CLUB



This issue

- Summer League Ends 1
- Junior Teams Kick Off 2
- Player Profile
- Players of the Month
- JPF achievement award
- Half Term Coaching 3
- New Beginnings for Vallance FC
- Funders & Sponsors 4

 www.facebook.com/vallancefc

 <https://twitter.com/vallancefc>

 @vallancefc



Player Profile



Name: Ijaz Ahmed
Age: 11
Favourite football team: Manchester United
Favourite player: Cristiano Ronaldo
Favourite subject at school: English

1. What team do you play for? Vallance FC U12
2. What position do you play? Midfielder
3. What Other Sport Do You Like? Badminton
4. What do you want to do after school? Become an PE Teacher

Players of the Month October/November 2019



Under 7



Under 7



Under 7



Under 9



Under 10



Under 11



Under 12

Jack Petchey Foundation Achievement Award

Misbahur Rahman has been awarded the **Jack Petchey Foundation Achievement Award** for November 2019 because of her hard work ethic at volunteering throughout summer activities.



Half Term Coaching

There was 2 days of Fun Football coaching at Weavers Field during the October 2019 Half term holiday. Two young volunteers from Vallance who are taking their FA Level 1 in Coaching Football helped out with the senior coaches. The 2 day sessions were attended by over 40 young boys.



New Beginnings for Vallance FC

It's a new season and a new team. Vallance FC has gone back to basics and promoted the entire U16 from last season as the New Vallance FC senior team and will be competing every Sunday morning in the **Community Football League**. Some players from the previous senior team have been retained and will help the younger players. The team will be managed by Junel Uddin who goes into his 23rd season as the manager. Training is Thursday 7pm to 8-30pm at Mile End.



Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin:
info@vallancecsa.org.uk



Funders & Sponsors



Aims and Objectives of VCSA

A service to youths and adults in the London Borough of Tower Hamlets and surrounding areas of London.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

Volume 11, Issue 2

Vallance Community Sports Association Ltd

SHA Community Centre
117 Vallance Road
London
E1 5BW
Tele: 0207 247 6957

Email: info@vallancecsa.org.uk

Web: www.vallancecsa.org.uk

Instagram: [@vallancefc](https://www.instagram.com/vallancefc)

Twitter: [@vallancefc](https://twitter.com/vallancefc)

www.facebook.com/vallancefc

The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.