

Vallance Community Sports Association

NEWSLETTER by Muhibur Rahman/Yusuf Uddin Designed by Shamim Miah

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New Kit for Vallance U11

Vallance FC U11 (*pictured below*) has been awarded a new kit from the **PREMIER LEAGUE PLAYERS KIT SCHEME GRANT**. The new Nike kit is in the traditional Vallance FC red and black. Only a handful of teams around the UK have been awarded kits from this scheme.



Mahdi Alam, who plays for the Vallance U16 Football Team is campaigning to become the next Young Mayor of Tower Hamlets. Mahdi Alam is 16 years old and a student of Stepney Green Secondary School, he has been a member of Vallance since the age of 9. He spends his spare time doing voluntary work for Vallance and numerous other charities.

✓ **MENTORING FOR ALL KEY STAGE 4 STUDENTS.**
✓ **MORE WORK OPPORTUNITIES AVAILABLE.**
✓ **REDUCTION OF GANG VIOLENCE THROUGH ACTIVITIES OF YOUR INTEREST.**

VOTE

**NO.1 CHOICE
NO.1 LEADER**

MAHDI ALAM
30TH JANUARY 2013
#YOUNGMAYOR:TOWERHAMLETS



CHARTER STANDARD
CLUB



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 <https://twitter.com/vallancefc>

Vallance FC Training Times

Vallance FC –

Thurs, 7pm-8.30pm. Mile End
11-a-side Astroturf pitch

Vallance U16, U14, U12 –

Fri, 5.30pm – 7pm Mile End
11-a-side Astroturf Pitch

Vallance U11 –

Sat, 10am – 11.30am Weavers
Field

Vallance U10 A & B–

Sun, 10am – 11.30am Weavers
Field

Vallance FC – Player Profile



Name: Rayhan Yusuf
Age: 16
School attended: Swansea
Favourite football team: Liverpool FC
Favourite player: Steven Gerrard
Favourite subject at school: ICT & Business
Favourite food: Pasta

1. What team do you play for? Vallance FC U16
2. What position do you play? Defence
3. Do you like the training at Vallance? Yes
4. What do you want to do when you leave school? Businessman

Players of the Month

November 2012



Under 7
Ibrahim Mire



Under 7
Abdullah Abdur Rahman



Under 8
Ahmad Ali



Under 11
Rahim Ali



Under 14
Marzan Chowdhury



Under 16
Rayhan Yusuf

Jack Petchey Foundation Achievement

Award

Rayhan Yusuf has been awarded the **Jack Petchey Foundation Achievement Award** for November 2012 because of his volunteering time.



**VALLANCE
C.S.A.
Management,
Staff and
Volunteers
will like to
wish you all
a Merry
Christmas
& a Happy
New Year!**

October 2012 Holiday Coaching

During the October 2012 half term school Holidays Vallance FC held a 2 day Fun Sports Coaching sessions. Held at Weavers Field on Tuesday 30th and Wednesday 31st Nov 2012 the sessions were attended by over 30 young boys (*Picture left*) from the local Tower Hamlets Homes estates. This project is part of the **Community Sports Programme** which is in partnership with **Tower Hamlets Homes**. Vallance have recruited 4 young volunteers from this programme who have taken part in training and also help with the sessions.



Holiday coaching cancellation

There will be **NO football training** on the following dates:

Mile End- **Friday 21st and 28th December 2012**. Training will resume as normal on Friday 4th January 2013.

Weavers Field- **Saturday 29th December 2012**. Training will resume as normal on Saturday 5th January 2013.

If your child plays for one of the Vallance teams in the leagues please contact the manager regarding details of the holiday period games.

Results

Saturday 3rd November 2012

Middlesex County 1st Division

Vallance FC – 2 West End FC – 10

Tower Hamlets Youth League

Vallance U14 – 5 Berner FC U14 – 0

Vallance U12 – 2 SOUL Youth U12 – 3

Vallance U12 – 2 Shadwell Youth U12 – 3

Saturday 10th November 2012

Tower Hamlets Youth League

Vallance U14 – 2 Bow FC U14 – 2

Vallance U12 – 2 SOUL FC U12 – 1

Vallance U12 – 3 Shadwell Youth U12 – 3

Sunday 11th November 2012

Kent Youth League U16 North Division

Vallance U16 – 1 Dulwich Hamlets U16 – 5

East London & Essex Junior Football League

Vallance U11 – 5 St Thomas U11 – 2

Saturday 17th November 2012

Friendly Fixture

Vallance FC – 3 West London Saracens – 3

Tower Hamlets Youth League

Vallance U14 – 1 SOUL Youth U14 – 3

Vallance U12 – 2 SOUL FC U12 – 1

Vallance U12 – 3 Shadwell Youth U12 – 3

Sunday 18th November 2012

Kent Youth League U16 North Division

Vallance U16 – 1 Erith & Belvedere U16 – 1

East London & Essex Junior Football League

Vallance U11 – 3 Eclipse Youth U11 – 3

Sunday 25th November 2012

Kent Youth League U16 North Division

Vallance U16 – 0 Cray Valley U16 – 11

Vallance CSA Funders & Sponsors



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.