

# Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

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## Tournament at Spurs

Vallance FC U8 had an experience not to forget. On Saturday 6<sup>th</sup> May 2017 they took part in the **Hackney Marshes Saturday Youth Football League** 5 a side tournament at the Tottenham Hotspurs training ground in Enfield. They got to play on the training pitches and go into the players changing rooms. In the tournament they played 4 games, winning one, drawing two and losing one.



CHARTER STANDARD  
DEVELOPMENT CLUB



## Charity Provides Coaching Kits

The Vallance FC coaches are now kitted in a new top and bottom which was provided by the charity "**LONELY ORPHANS**". The charity is very close to Vallance and some of the coaches volunteer their time to them. Mohammed Islam who is a trustee at Vallance and helps the Lonely Orphans charity said *"We are very grateful to them for giving us these tops and bottoms with their logo on the back and our badge on the front. We hope we can continue our partnership for many years"*.



## For A Good Cause

On Saturday 29<sup>th</sup> April Vallance FC took part in a Charity 5 a side football tournament. Channel S and the BFA UK held this tournament for the **RFC Ramadan Family Commitment**. The age groups were from U8 to veterans. Vallance FC had 2 U10 and 2 U14 and 1 team from the U12. Vallance FC U10 B, U14 B and the U12 went out in the group stages. Vallance U10 A and U14 A lost in the semi-final to the eventual winners of their age groups.

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 <https://twitter.com/vallancefc>

 @Vallancefc

London  
Youth  
QUALITY MARK  
SILVER ACCREDITED

# Vallance FC – Player profile



Name: Abdi Rahman  
Age: U11  
Favourite football team: Manchester United  
Favourite player: Cristiano Ronaldo  
Favourite subject at school: Maths

1. What team do you play for? Vallance FC U11
2. What position do you play? Striker
3. What Other Sport Do You Like? Basketball
4. What do you want to do after school? Become a Engineer

## Players of the Month

May/June 2017



Under 7  
Marwan Benhatta



Under 8  
Eesa Islam



Under 8  
Yaseen Ahmed



Under 9  
Arfat Nabil Ahmed



Under 9  
Dawud Haque



Under 11  
Mohammed Zaraf



Under 11  
Jibreel Mahmud

## Jack Petchey Foundation Achievement Award

Mohammed Zaraf has been awarded the **Jack Petchey Foundation Achievement Award** for June 2017 because of his hard work and determination in training.



## Summer Football

Vallance FC senior team have started their league games in the BFA Summer League 2017. They are playing in the Championship and all games are played from May to August 2017 on a Sunday at Victoria Park. Once again the team is a mixture of the youth and senior players.



## Another Team Compete In Tottenham Cup

On the hottest day of the year so far Vallance FC U10 took part in the **HMSYFL U10 Tottenham Hotspurs Cup**. Held at the training ground of Tottenham Hotspurs in Enfield on Saturday 17th June 2017 the 7 a side tournament had all the U10 teams from the Hackney Marshes Youth League. Vallance U10 played 3 games losing 2 and drawing the last one. Manager Salman said *"I am proud of the boys because it was very hot out on the pitch but they competed. Also a mention to all the parents for bringing the boys especially with the fact that most of them are fasting and spent the day in the sun. I'm sure the experience of playing on the training ground of a Premier League team will be something the boys will cherish"*.



## Festival for All

On a sunny day at the Mile End stadium, Vallance Community Sports Association held their 9<sup>th</sup> annual **Disability Sports Day Festival 2017** on Wednesday 10<sup>th</sup> May. Over 130 participants registered on the day to take part in the multi sports activities which included Football, Cricket, Soft Tennis, Boccia and many others. A big thank you to all the staff and management of the schools and organisations that attended and took part.

A special mention to:

- **The Canary Wharf Group PLC**
- Imrul Gazi from the **Kick It Out Campaign**
- Jas Hothi from **London Youth**
- Shenneth Brereton from the **Tower Hamlets Sports Development**
- Megan Bevis from **Motivate East**
- Austin Hughes from the **West Ham Utd Foundation**
- Tim Oliver from the Soft Golf



## Volunteers Wanted

Are you aged **16-25** and not in **education or working?** You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

**For details and to book a place please contact Junel Uddin:**  
[info@vallancecsa.org.uk](mailto:info@vallancecsa.org.uk)

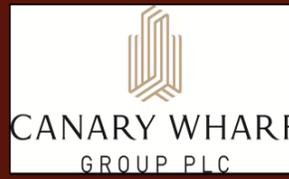


# Vallance CSA

## Funders & Sponsors



### CANARY WHARF CONTRACTORS FUND



### Aims and Objectives of VCSA

A service to youths and adults in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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