### Vallance Community Sports Association

**NEWSLETTER by Nahian Askor Designed by Shamim Miah** 

VOLUME 11 – ISSUE 5 – 1st November 2020

### **Summer 2020 Activities Come** to an End

It was a great summer of activities provided by Vallance. The activities starting from Monday 3<sup>rd</sup> August until Saturday 5th September 2020. Despite the restrictions due to Covid-19 it was 5 weeks of full on action and fun for over 150 young people from Tower Hamlets. Activities ranged from Sports sessions, Youth Club, Excursions and fun workshops.

Vallance Project chairman Shuhel Ahmed said "Once again this year was one of our busiest summer of activities we provided despite the uncertainty over Covid-19. We provided the Estate based activities in the Globe Town area for Tower Hamlets Homes and had the Girls Keep Active program in partnership with StreetGames.

We will like to thank our funders for the summer projects: StreetGames, Tower Hamlets Council, Tower Hamlets Homes and the Spitalfields Housing Association".





### **Get Active Online**

Funding from The National Lottery Community Fund, distributed by City Bridge Trust through the London Community Response Fund, has helped us to launch the "Get Active Online" project which helps Young people with SEN to take part in fitness and sports activities online and outdoors. Thanks to National Lottery players for making this possible.





**DEVELOPMENT CLUB** 

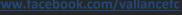


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https://twitter.com/vallancefc



@vallancefc



### **Player Profile**



Name:

Age:

**Favourite football team:** 

**Favourite player:** 

Favourite subject at school:

Alfie Jan-Kunzie

11

West ham

**Declan Rice** 

Bussiness man

#### **Players of the Month**

#### September/October 2020



**Under 7** 



**Under 9** 



**Under 8** 



**Under 10** 



**Under 9** 

**Under 10** 



**Under 10** 



**Under 11** 

## **Jack Petchey Foundation Achievement Award**

Aman Uddin has been awarded the Jack **Petchey Foundation Achievement Award** for October 2020 because of his hard work ethic at volunteering throughout summer 2020 activities.



### Senior team kicks off

The Vallance senior boys returned to league action for the first time since Lockdown in March 2020. On Sunday 11<sup>th</sup> October 2020 at Wanstead Flats Playing Fields they played Newham XI in the 1<sup>st</sup> Division of the *Community Football League*. The game finished 2-2 and was a point that both teams deserved. Vallance senior team is made up of all former academy players and majority of the team are U18. Training is every Thursday at Mile End.









### **Back to League Action**

It was back to league action for the first time since March 2020 because of the Pandemic for Vallance FC U9, U10 and U11. They resumed league games on Saturday 17<sup>th</sup> October 2020 at Mabley Green. Also starting league football for the first time is the newly formed Vallance FC U8.

All the teams are competing in the *Hackney Marshes Saturday Youth Football League (HMSYFL.* 

We wish good luck to the 4 teams.





# Volunteers Wanted

Are you aged16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin: info@vallancecsa.org.uk



#### **Funders & Sponsors**

























The Edward Gostling Foundation



















#### Aims and Objectives of VCSA

A service to youths and adults in the London Borough of Tower Hamlets and surrounding areas of London.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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# The True Colours Trust 🔅







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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.

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